

***Conditions of Life of Elderly Beneficiaries of the Support Program  
to the Elderly in Nuevo Leon***

Sagrario Garay Villegas<sup>1</sup>  
Alejandro Román Macedo<sup>2</sup>

***Abstract:***

*The ageing of the population has been addressed in several studies and from different perspectives. The implications issues from having a larger number of people 60 years or more is a subject that has acquired great relevance today. However, it should be indicated the elders do not live equally in all countries. In some Latin American Countries the access to medical services and income once it has concluded the working life, remains an issue of concern to Governments and the population in general. Mexico is part of countries facing difficulties to cater to the present (and future) ageing population. A tool to try to relieve these conditions has been the implementation of programs that provide economic support to seniors in order to cover some of their basic needs. The particular goal of this article is to show the living conditions that the beneficiaries of the program of direct support presented in Nuevo Leon and compare them with those who do not receive the support.*

***Key words:*** Aging, Support Programs, Living Conditions of the Elderly.

---

<sup>1</sup>Email: [sgarayv@gmail.com](mailto:sgarayv@gmail.com)

<sup>2</sup>Email: [afroman@colmex.mx](mailto:afroman@colmex.mx)