

***A Critical Reflexion about the Social Policies on  
Mental Health in Mexico***

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***Abstract:***

*Through a critical analysis based on the Complexity Theory and the Socio-Constructionist Theory, the goal of this work is to make a contribution to the revision of existent theories on the analysis, design and implementation of Social Policies related to Mental Health and its components, as well. The article seeks to build a solid and reflexive framework of the conceptualization of Health and Mental Health, specifically. To fulfill this purpose, the article includes two parts that attempt to describe and analyze the Mental Health in Mexico: the first refers to the context of policies of health and the second to the theoretical analysis of the subject.*

***Keywords:*** *Social Policy, Mental Health and Health Services, Complexity.*

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